



Fall into Fun at Glenwood Community Centre...

As the leaves begin to change and the air turns crisp, there's no better time to gather with friends, family, and neighbours at the Community Centre! Our fall season is packed with exciting programs and special events designed for all ages. Whether you're looking for fun family activities, creative workshops, fitness opportunities, or seasonal celebrations, there's something for everyone to enjoy.

Stay tuned for details about our upcoming events, including Capes Crowns: A Princesses and Superheroes Event, and discover how you can be part of the vibrant activities happening right here in your neighbourhood.

Let's make this fall a season to connect, create, and celebrate—together!

### **Programming**

**Pickleball** – We offer pickleball slots on various dates/times. To keep bookings as simple as possible, we would ask that you book a court (1 hour playing time, full sized court) and create your own team to play with (up to 5 members per court). Time slots are booked online through <u>CatchCorner</u>. Please note that as of September 1, 2025, court rental fees will be \$15 per hour.

**Hockey** - Glenwood Community Centre is part of the St. Vital Minor Hockey Association. For detailed information on the hockey program, please visit our <u>Hockey page</u> on our website or visit <u>St. Vital Minor Hockey Association</u>.

Ringette - Glenwood Community Centre is also part of the Bonivital Ringette Association. For detailed information on the ringette program, please visit our <u>Ringette page</u> on our website or visit Bonivital Ringette Association.





Wolves Den Historical Fencing - Glenwood Community Centre is pleased to be offering historical fencing classes ran by Wolves Den Historical Fencing. Historical fencing offers a connection to tradition through the study of fencing throughout history as well as a fun take on physical activity. Please visit our <u>Fitness page</u> for more information.

St. Boniface Taekwondo - St. Boniface Taekwondo combines the best strength of each art from Taekwondo, Muay This and Jui-jitsu to create a current and highly skilled Martial Art School. Classes run from September to June on Tuesday and Thursday evenings. The Dragon class (ages 6-12) is taught in French from 6:15-7:00pm. The warriors/champion class (ages 12+) is from 7:00-8:00pm. If you are interested in staying healthy and this lifestyle please call (204) 293-2318 or email: <a href="mailto:stbtkd@outlook.com">stbtkd@outlook.com</a>.

Men's Drop-in Ball Hockey - Looking for some extra fitness during the week? Drop-In for a night of ball hockey! Every Tuesday night, from 8:30pm to 10:00pm! Please contact Dallas at 204-293-6027 for more information!

Peg Family Fitness - Peg Family Fitness strives to empower and connect moms and other caregivers through movement and fun fitness & yoga classes. Our fitness classes are designed so you can workout with your baby and/or young child(ren) in tow. Prenatal fitness and yoga classes are also offered. Everyone is welcome. All fitness levels are welcome. Stroller Fitness is currently being held Wednesday mornings at Glenwood. For more information, please visit: Peg Family Fitness

Social Bridge - Come and join us for a fun afternoon! We play every Friday at Glenwood Community Centre. Doors open at 12:00pm and Social Bridge starts at 12:30pm. Please contact Don at 204-291-3038 or 204-633-3038 or more information.





Kids in Kilts - It is our mission to instill a love of Scottish highland dance through a fun weekly class atmosphere! Whether you are wanting to perform, take part in competitions, or complete medal tests, there is a class for you! Kids in Kilts School of Highland Dance offers a positive and challenging class atmosphere. We believe in having fun while working hard. Kids in Kilts understands and respects that all students progress at their own rate. We ensure that each student meets their full potential. No matter what age or level, each dancer gets a chance to be in the spotlight. Please visit their website for more information: Kids in Kilts.

### Badminton

55+ Doubles Badminton (Morning) - For those that would like to play badminton in a friendly and relaxed atmosphere - to get some exercise and have a few laughs along the way. Typically, teammates are selected at random and change each game. Games vary between mixed, men's and ladies play. There are 2 courts for games and there is an opportunity to rest & visit between games. The 'program' runs Tuesdays and Thursdays from 9:30 am - 12:00pm, commencing September 4, 2025. For more information, please contact Alan Smith <a href="mailto:fhotosmith@gmail.com">fhotosmith@gmail.com</a>.

**Seniors Afternoon Badminton** - Mondays and Thursdays: 1:00pm - 4:00pm, starting September 4, 2025. For more information, contact John at 204-781-7737 or email jpchand@mymts.net.

Wood Carving Club - Join us every Monday from 1:00pm - 3:00pm for our wood carving club. For more information, please contact either Paul Giasson (mdjp@shaw.ca or 204-668-7621) or Liz Grieve (degrieve@shaw.ca or 204-256-7232).







Paint Club - We have spaces at the Glenwood Community Centre for people who would like to pursue and continue their chosen medium in a safe and comfortable setting. The group meets every Wednesday from 1:00pm to 4:00pm at the Glenwood Community Centre. We are a non-instructional group but are willing to share tips and ideas. For more information contact: C. Linski, 204-253-5841/clinski@mts.net.

Volleyball and Basketball Court Rentals - Are you looking for extra team practice? Or do you wish to gather some friends together for a game of volleyball or basketball? We now offer volleyball and basketball court rentals! To book a court, please visit Catch Corner ~ Volleyball Court Rental and Basketball Court Rental. You can also access the links from the homepage of our website (glenwoodcommunitycentre.com).

\*Please note nets will be assembled and ready for you to play upon your arrival.

Mini-Ballers - Get your kids moving and having fun with Mini-Ballers! They offer Basketball and Movement FUNdamental classes for ages 1-8, plus exciting camps for kids ages 3-12. Visit their website for more information and to register.

Sakura Baton Twirlers - Sakura Baton Twirlers offers baton twirling classes for boys and girls ages 4 and up, from recreational to competitive levels. With passionate instructors and a focus on fitness, coordination, and confidence, this fun and challenging sport is perfect for kids looking to try something new! Visit their website for more information.

Phoenix Volleyball Club - Phoenix Volleyball Club offers young female athletes the chance to develop their skills with high-level coaching in a fun and supportive environment. Players can compete with a top-level club, build confidence, and make lasting friendships. Fall camp schedules and tryout dates are available on their website—check it out for more information!





#### **FALL EVENTS**

There's so much happening this fall at the Community Centre! From family-friendly celebrations to exciting programs and seasonal activities, you won't want to miss out. Be sure to check our <u>website</u> and follow us on social media to stay up to date on all upcoming events and announcements.

Colouring Contest - We're excited to launch our seasonal Kids Colouring Contest, judged by members of our seniors clubs! Open to three age groups, the first contest is our Happy Halloween edition. Download your colouring page from our website or pick one up in the lobby (outside the office/canteen). Submit your masterpiece by October 31, 2025. Full details are on our website—get creative and join the fun!

Outdoor Movie Night - We're thrilled to host our first-ever Outdoor Movie Night in the Glenwood Community Centre parking lot on Friday, September 5, 2025! Feature Presentation: Lilo & Stitch (Free Admission)

- Doors open: 7:00 PM Movie starts: 8:00 PM
- Canteen & washrooms available on site
- ullet Pre-order food combos at a discounted price until September 3, 2025

For full details, visit our <u>website</u> or follow us on social media. Bring your chairs, blankets, and the whole family for a fun evening under the stars!





Capes & Crowns: A Princesses & Superheroes Event - Get ready for a magical afternoon at Glenwood Community Centre! Join us on Sunday, September 14 from 2-4 pm for Capes & Crowns: A Princesses & Superheroes Event. Families will enjoy an exciting lineup featuring Legends Character Rentals with superhero training, a sing-along and storytime with a princess, bouncy castles, face painting, tattoos, crafts, and so much more. Every ticket includes a free ice cream, plus guests will have the chance to win up to four tickets to Breakfast with Santa. Tickets are on sale now at 3common.com—don't miss out on this enchanting family event! For more information, please visit our website or follow us on social media.

Remembrance Day Service - Join us as we honour and remember. Meet at Glenwood Community Centre at 10:30 a.m., and we'll walk together to Guay Park for the 10:45 a.m. service. Immediately following the ceremony, we'll return to Glenwood Community Centre for refreshments and dainties. Further information will be posted on our website as the date approaches.

Christmas Craft & Vendors Market - Mark your calendars for our Annual Christmas Craft & Vendors Market on Saturday, December 6, 2025, from 9:30 am to 3:30 pm at Glenwood Community Centre! Shop local and get your holiday shopping done early while treating yourself to unique handmade gifts, festive goodies, and plenty of holiday spirit. For more details, visit our website or follow us on social media as the date approaches.

Breakfast with Santa - One of Glenwood Community Centre's biggest traditions is back—our Annual Breakfast with Santa! Join us on Sunday, December 14, 2025, from 9:00 AM to 12:00 PM for a festive morning filled with holiday cheer, delicious breakfast, and plenty of excitement for the whole family. A highlight of the event is our famous Kids Only Shopping, where little ones can pick out special surprises all on their own. More details will be shared as the date approaches, so be sure to check our website and follow us on social media for updates.





#### WAYS TO SUPPORT OUR CENTRE

Our Centre thrives thanks to the generosity and involvement of our community! You can support us in many ways—whether by volunteering your time, attending events, spreading the word about our programs, sponsoring our events (or a part thereof) or making a donation. Every bit of support helps us continue offering great activities and opportunities for everyone.

Net Gains Fundraiser - Right now, one great way to help is by taking part in our Net Gains Fundraiser! Purchase your tickets for a chance to win one of three amazing prizes (75" Hisense TV, PlayStation 5 and \$200 Visa giftcard) while helping us raise funds to replace our arena hockey nets and buy new gym equipment like badminton nets. Tickets are 1 for \$5 or 3 for \$10 and can be purchased at the canteen or from any of our staff members.

Advertising - Our arena hosts hundreds of events each year—hockey, ringette, figure skating, public skating, lacrosse, summer camps, and more—drawing thousands of spectators and Live Barn viewers. Showcase your business year-round with our new arena advertising opportunities! Please visit our Advertising page on our website or contact Jaimie at assistantglenwoodcc@gmail.com.

Sponsorships - Glenwood Community Centre hosts a variety of events throughout the year, bringing together families, children, and community members for memorable experiences. Whether you or your company would like to sponsor an entire event, part of an event, or specific elements—like prizes, gifts, performers, or activities your support helps us provide quality programs while keeping costs affordable. Partnering with us as a sponsor not only gives back to the community, it also provides visibility for your business to hundreds of local families. Every bit of support counts, and we'd love to work with you to create meaningful experiences. If this sounds like something vou'd enjoy, please reach out to Iaimie assistantglenwoodcc@gmail.com.





Donations - With all the programs and events we run- and the new ones we're planning - we greatly appreciate donations from our community! If you're decluttering or spot a great sale, we'd be happy to accept items in good condition. Examples include board games, puzzles (all pieces included), decks of cards, magazines, kitchen supplies, Christmas wrapping paper, plain gift bags, etc. Every donation helps us make our programs and events even better! If you're unsure whether we can accept an item, please email us at assistantglenwoodcc@gmail.com.

Fall Word Search - Take a break, sharpen your mind, and see how many words you can find!

Leaves Pumpkin Acorn Cozy Apple Cider Fall Hay Turkey Autumn Rake Harvest October Gourd Football Sunflower Scarecrow Pie Thankful Family

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